

County Track and Field Schedule 2019

Time	Senior Boys	Junior Boys	Senior Girls	Junior Girls	Pentathlon Girls	Pentathlon Boys
9:10	200m	200m		Triple Jump	Long Jump	Shot Put
9:30	Standing Jump	Shot Put	200m	200m		
10:10	1500		1500m			
10:30		1500m	Long Jump	1500m Shot Put		
10:50						1500m Final
11:10		Standing Jump			800m Final	
11:30	100m Heats					
11:40	Triple Jump	100m Heats				
11:50			100m Heats			
12:00				100m Heats	Shot Put	Long Jump
12:10	800m Final					
12:20		800m Final		Standing Jump		
12:30		Triple Jump	800m Final			
12:40			Shot Put	800m Final		
12:50	200m Final					Standing Jump
1:05	Long Jump	200m Final				
1:20			200m Final		Standing Jump	
1:35			Standing Jump	200m Final		
1:50	400m Final					
2:05		400m Final				
2:20	Shot Put	Long Jump	400m Final			
2:35				400m Final		
2:50			Triple Jump		100m Final	
3:00				Long Jump		100m Final
3:10	100m Final					
3:15		100m Final				
3:20			100m Final			
3:25				100m Final		
3:30	Relay 4 x 100m	Relay 4 x 100m	Relay 4 x 100m	Relay 4 x 100m		
3:50	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
4:00	Depart	Depart	Depart	Depart	Depart	Depart

PLEASE NOTE: This is an approximate time schedule, however we may run slightly ahead or slightly behind schedule, please inform your athletes of this so that they don't miss an event.